

Activity Description

Land

BUSHCRAFT - Basic bushcraft skills are explored in our woodland base.

Session may include: Fire lighting skills, environmental awareness, camp craft and nature related games depending on adventurer age.

Develops: Skill, Confidence, Communication, Leadership & Problem solving. Suitable for: Year 2 upwards.

ORIENTEERING - Brand New for 2021! Explore the 130 acre Stubbers site on our purpose built orienteering course with your team finding markers on the way. Challenges to suit all abilities.

Develops: Skill, Confidence. Communication & Problem solving. Suitable for: Year 2 upwards.

TEAM CHALLENGE - Can your team complete challenges like "Area 51", "Jungle rescue" and the "8 foot wall"? Your Instructor will be on hand to offer guidance and tips.

Develops: Communication, Confidence, Problem solving & Leadership. Suitable for: Year 4 upwards.



CAVING - Clambering through 160 metres

of artificial caves. As you clamber and squeeze through narrow rocky sections and emerge in three main chambers, you'll come across paintings, fossils and other underground unknowns along the way! A great activity for team bonding and support!

Develops: Communication, Confidence, Problem solving & Leadership. Suitable for: Year 2 upwards.



GRASS SLEDGING - This fast and exciting activity. Zoom down the slopes in the tracked sledge.

Develops: Confidence. Suitable for: Year 2 upwards.

ATB - Gear up in knee pads, elbow pads and helmets, then speed downhill on one of our all terrain boards. Like a skateboard - but better!

Develops: Confidence, Coordination Suitable for: Year 4 Upwards

Towers

CLIMBING - Rock Climbing Challenge and fun for all skill levels. The "Rick Grice Memorial" outdoor climbing wall stands 11 metres high with overhangs and pinnacles for a realistic rock feel.

Develops: Skill, Confidence & Communication. Suitable for: Year 2 upwards.

ABSEILING - Test your nerve as you descend a face of our 13 metre Tower. The instructor controls a safety rope so all you have to worry about is enjoying the view. Going up is easy using the staircase built into the tower.

Develops: Skill & Confidence. Suitable for: Year 4 upwards.



HIGH ROPES - Challenges include: Swinging zig zag bridge, vine traverse and Indiana bridge. An excellent safety system gives you freedom of movement whilst ensuring that you remain in complete safety. Develops: Problem solving & Confidence. Suitable for: Year 4 upwards.

LEAP OF FAITH - All you have to do is climb to the top of the pole and jump for the trapeze. You can make the jump in pairs or on your own. Set your own level of challenge in this great activity.

Develops: Confidence & Communication. Suitable for: Year 4 upwards.

CRATE STACK - A great team game. Build the highest tower possible with 2 people stood on the top until it falls over. A true test of balance, coordination and team work ...and fun!

Develops: Problem solving, Confidence & Communication. Suitable for: Year 4 upwards.



VERTICAL OBSTACLE COURSE - An obstacle course, but up! Challenges include: Jacobs ladder, scramble net and pole climb. 2 adventurers at a time scale the course belayed by their team.

Develops: Problem solving, Confidence & Communication. Suitable for: Year 4 upwards.

Target Sport



ARCHERY - Shoot for gold on our outdoor range. Games and competitions make this a great fun activity for all ages.

Develops: Skill, Confidence. Suitable for: Year 2 upwards.

RIFLE SHOOTING - Sharp shooting with 0.177 calibre air rifles. It sounds very simple but this is a remarkably absorbing activity that requires self-discipline and patience to do well

Develops: Skill & Confidence. Suitable for: Year 4 upwards.

LASER TAG - The most realistic combat game with great action, realistic sound effects and unlimited ammo. Teams are challenged by various game scenarios in this fast paced session.

Develops: Communication, Leadership & Problem solving. Suitable for: Year 4 upwards.

AXE THROWING - Viking warriors were thought to be one of the first tribes to throw axes and now its your turn! Nothing is more satisfying than hearing the thud as your axe lands perfectly into the target – there's nothing else like it!

Develops: Communication, Leadership & Problem solving. Suitable for: Year 4 upwards.

ARCHERY COMBAT - The combat game with great action. Teams are challenged by various game scenarios in this fast paced session.

Develops: Communication, Leadership & Problem solving. Suitable for: Year 7 upwards.



Water Sports



KAYAKING - The ever popular water sport that need not end in a good soaking. We have a designated sheltered canoe training lake and kayaks suitable for all sizes and experience levels.

Develops: Skill, Confidence & Problem Solving. Suitable for: Year 4 upwards.

JUNIOR DOUBLE KAYAKING - Double kayaks are ideal for younger groups of mixed abilities. With two paddlers per Kayak, easier to paddle and paddlers working together closely.

Develops skill, confidence, communication and problem solving. Suitable for year 1- year 6.

OPEN CANOEING - Open Canoes are ideal for groups of mixed age and ability.

With two paddlers to a boat they are easy to get in and out of and are more stable than a kayak. The challenge is for front and back paddlers to work together.

Develops: Skill, Confidence, Communication & Problem Solving. Suitable for: Year 2 upwards.



BELL BOATING - A twin hulled open canoe that looks much like a catamaran hull. Seating 10 paddlers at a time the bell boat offers an excellent stable platform for enjoyable safe paddling but with mad racing and fun potential.

Develops: Skill, Confidence, Communication & Problem Solving. Suitable for: Year 2 upwards.

PADDLE BOARDING - Is as an excellent activity combining balance and paddle skills with fun and games on the water. For younger groups participants may be paired on a board.

Develops: Skill, Confidence, Communication & Problem Solving. Suitable for: Year 2 upwards.



XL PADDLE BOARD - All aboard the enormous 17 foot long paddle board! XL Sup is an excellent team activity afloat. Younger children can all fit together with their instructor for a crazy outing on this huge paddle board. Older children and adults enjoy a bit more space with 2 boards shared between the group.

Develops: Skill, Confidence, Communication & Problem Solving. Suitable for: Year 2 upwards.



RAFT BUILDING - Build it, paddle it... Sink it? Our instructors are on hand to advise on building. An excellent team event and always popular.

Develops: Skill, Confidence, Communication & Problem Solving. Suitable for: Year 4 upwards.

Motor Water Sports (Only available for residential groups)

BANANA RIDES - The inflatable banana is towed behind a Jet Ski. With up to 5 passengers on board. Hold tight and enjoy the ride.

Develops: Confidence & Communication. Suitable for: Year 4 upwards.

INFLATABLE SOFA - Experience the thrills of being towed on an inflatable with much less risk of ending up in the lake! The sofa is towed behind a Jet Ski with up to 4 passengers on board (depending on total weight). The challenge is to hold tight and enjoy the ride. A wheel chair accessible ramp with an easy slide transfer to the sofa make this accessible for most adventurers.

Develops: Confidence & Communication. Suitable for: Groups with Additional Needs ONLY

